

Embro Highland Games

Overall Finish List

July 01, 2014

10K							
Place	Name	City	Gender	Age	Age Group Place	Time	Pace
1	Dan Way	Toronto	M	27	1st M Overall	34:58	3:30/K
2	Samuel Kirwin		M	19	2nd M Overall	39:02	3:54/K
3	Scott Finch	Kintore	M	39	3rd M overall	40:07	4:01/K
4	Gabrielle Foran	Woodstock	F	23	1st F Overall	40:26	4:03/K
5	Nicola Wilberforce	Rosslyn	F	46	2nd F Overall	40:34	4:03/K
6	Michael Duncan	Huntsville	M	47	1 M 40-49	41:12	4:07/K
7	Andrew Kudelka	London	M	37	1 M 30-39	41:52	4:11/K
8	Gerald Kodde	Granton	M	41	2 M 40-49	42:56	4:18/K
9	John McDaid	Ingersoll	M	52	1 M 50-59	43:00	4:18/K
10	Trevor Shepherd	St. Marys	M	42	3 M 40-49	43:44	4:22/K
11	Henry Drost	Woodstock	M	57	2 M 50-59	43:47	4:23/K
12	Ian Kenfrew		M	54	3 M 50-59	44:32	4:27/K
13	Nick Groot	Ingersoll	M	55	4 M 50-59	44:34	4:27/K
14	Mary Thompson	Woodstock	F	26	3rd F Overall	45:23	4:32/K
15	Steve Baarda	London	M	46	4 M 40-49	45:49	4:35/K
16	Steve McSwiggan	Ingersoll	M	51	5 M 50-59	46:04	4:36/K
17	Hubertus Haccius	Dashwood	M	61	1 M 60-64	46:29	4:39/K
18	Bill Darling	Stratford	M	52	6 M 50-59	47:06	4:43/K
19	Sandra Whitford	Ingersoll	F	40	1 F 40-49	47:15	4:44/K
20	Daniel McRoberts	Embro	M	14	1 M 0-19	47:26	4:45/K
21	John Taylor	Cambridge	M	58	7 M 50-59	47:58	4:48/K
22	Erin Visser	London	F	36	1 F 30-39	48:47	4:53/K
23	John Buchanan	London	M	59	8 M 50-59	50:25	5:03/K
24	Tim Hutton	Brantford	M	57	9 M 50-59	51:13	5:07/K
25	Cassandra Parker	London	F	29	1 F 20-29	51:18	5:08/K
26	Jamie-Lynn Hauss	Tavistock	F	38	2 F 30-39	51:36	5:10/K
27	Christine Hitchen	Woodstock	F	36	3 F 30-39	52:11	5:13/K
28	Fran Blackler	Stratford	F	54	1 F 50-59	52:17	5:14/K
29	Leo Young	London	M	70	1 M 70-74	52:57	5:18/K
30	John Cabot		M	45	5 M 40-49	52:57	5:18/K
31	Rhonda Kerr	Komoka	F	43	2 F 40-49	53:13	5:19/K
32	Raymond Labelle	Grand Bend	M	53	10 M 50-59	53:25	5:21/K
33	John Hazeleger	Embro	M	57	11 M 50-59	54:02	5:24/K
34	William McCallum	Lynden	M	16	2 M 0-19	54:13	5:25/K
35	Luke Forget		M	32	2 M 30-39	54:33	5:27/K
36	Martha Wilson	London	F	53	2 F 50-59	54:48	5:29/K
37	Lynn James	Ingersoll	F	49	3 F 40-49	55:16	5:32/K
38	Jennifer Gee	Stratford	F	24	2 F 20-29	55:53	5:35/K
39	Marianne Lee	London	F	53	3 F 50-59	55:57	5:36/K
40	David Farmer	Mississauga	M	66	1 M 65-69	55:58	5:36/K

41	Steve Tait	Ingersoll	M	58	12 M 50-59	56:23	5:38/K
42	Daryl Roberts	London	M	no age		56:41	5:40/K
43	Don Kirkpatrick	Stratford	M	57	13 M 50-59	58:53	5:53/K
44	Leslie Payne	Woodstock	F	38	4 F 30-39	59:26	5:57/K
45	Jacqueline Lajoie	Ingersoll	F	30	5 F 30-39	59:44	5:58/K
46	David Robinson	London	M	40	6 M 40-49	59:45	5:59/K
47	Jamie Romano		M	40	7 M 40-49	1:00:04	6:00/K
48	Tammy Romano		F	39	6 F 30-39	1:00:04	6:00/K
49	Adam Hanley	Woodstock	M	33	3 M 30-39	1:01:55	6:12/K
50	Galina Holmes	Stratford	F	53	4 F 50-59	1:02:21	6:14/K
51	Graham Waddell	Komoka	M	38	4 M 30-39	1:02:26	6:15/K
52	Linda Paton	Dundee	F	59	5 F 50-59	1:03:29	6:21/K
53	Tracey Galloway	Woodstock	F	47	4 F 40-49	1:03:46	6:23/K
54	Jane Moss	London	F	61	1 F 60-64	1:04:58	6:30/K
55	Ruud Veldhuizen	London	M	48	8 M 40-49	1:04:59	6:30/K
56	Ross Wilcock	London	M	56	14 M 50-59	1:05:00	6:30/K
57	Lori Darling	Stratford	F	43	5 F 40-49	1:05:25	6:33/K
58	Jane Benner	Stratford	F	38	7 F 30-39	1:05:25	6:33/K
59	Sarah Andreasen	Woodstock	F	40	6 F 40-49	1:06:30	6:39/K
60	Len Elliott	Ingersoll	M	65	2 M 65-69	1:09:09	6:55/K
61	Alyssa Urbshott	Stratford	F	20	3 F 20-29	1:09:41	6:58/K
62	Mj Thomson	St. Marys	F	60	2 F 60-64	1:11:47	7:11/K
63	Lennard Donkers	Strathroy	M	42	9 M 40-49	1:11:53	7:11/K
64	Ross Wilson	Arva	M	50	15 M 50-59	1:11:55	7:12/K
65	Erica Poor		F	22	4 F 20-29	1:16:42	7:40/K
66	Brenda Kitching	St. Marys	F	64	3 F 60-64	1:26:33	8:39/K
67	Jim Kitching	St. Marys	M	68	3 M 65-69	1:26:33	8:39/K

5K

Place	Name	City	Gender	Age	Age Group	Place	Time	Pace
1	Gary Cassel		M	46	1st M Overall		19:50	3:58/K
2	Jason Erb	Baden	M	42	2nd M Overall		19:52	3:58/K
3	John Fluttert	Thorndale	M	16	3rd M Overall		20:03	4:01/K
4	Paul Braun	Kitchener	M	50	1 M 50-59		20:14	4:03/K
5	Tyler Riehl	Stratford	M	24	1 M 20-29		21:01	4:12/K
6	James Delodder	Woodstock	M	39	1 M 30-39		21:12	4:14/K
7	Garrett Martin	Ilderton	M	15	1 M 0-19		22:03	4:25/K
8	Robert Umbach		M	31	2 M 30-39		22:23	4:29/K
9	MacKenzie Martin	Ilderton	F	16	1st F Overall		22:25	4:29/K
10	Teresa Novick	London	F	54	2nd F Overall		22:42	4:32/K
11	Kevin Garlick	London	M	51	2 M 50-59		22:50	4:34/K
12	Fragiskos Fragiskatos	Hensell	M	27	2 M 20-29		23:16	4:39/K
13	Aaron Lonsberry	Ingersoll	M	15	2 M 0-19		23:53	4:47/K
14	Arnold Mantel	Princeton	M	55	3 M 50-59		24:04	4:49/K
15	Cal Dolson	Tavistock	M	57	4 M 50-59		24:05	4:49/K
16	Tammy Whitehead	London	F	50	3rd F Overall		25:00	5:00/K
17	Liam Warnock		M	14	3 M 0-19		26:22	5:16/K

18	Jonathan Circelli		M	36	3 M 30-39	26:35	5:19/K
19	Mike Morris	Woodstock	M	41	1 M 40-49	26:41	5:20/K
20	Theo Vandenberk		M	61	1 M 60-64	26:49	5:22/K
21	Keely Grieve		F	25	1 F 20-29	26:52	5:22/K
22	John Blanchard	Seaforth	M	53	5 M 50-59	26:54	5:23/K
23	Jane Spittal	Stratford	F	37	1 F 30-39	27:08	5:26/K
24	Dan Veldman	Embro	M	51	6 M 50-59	27:17	5:27/K
25	Megan Veldman	Embro	F	23	2 F 20-29	27:22	5:28/K
26	Paul McCallum	Lynden	M	44	2 M 40-49	27:28	5:30/K
27	Bonnie Martin	Ilderton	F	44	1 F 40-49	27:35	5:31/K
28	Mj McClure	Stratford	F	45	2 F 40-49	27:42	5:32/K
29	Sean Bloxsidge	Woodstock	M	28	3 M 20-29	27:45	5:33/K
30	Wanda Silvester	London	F	41	3 F 40-49	28:02	5:36/K
31	Sharon Kodde	Granton	F	41	4 F 40-49	28:10	5:38/K
32	Janet Thompson	Woodstock	F	64	1 F 60-64	28:23	5:41/K
33	Donna Martin	Stratford NS	F	32	2 F 30-39	28:31	5:42/K
34	Becky Jones-Eaton	Embro	F	26	3 F 20-29	28:38	5:44/K
35	Nicole Charlton		F	23	4 F 20-29	29:00	5:48/K
36	Rob Voneuw	Stratford	M	41	3 M 40-49	29:45	5:57/K
37	Jackie Flutttert	Mount Elgin	F	21	5 F 20-29	29:46	5:57/K
38	Steffen Kampe	St.thomas	M	77	1 M 75-79	30:29	6:06/K
39	Gwen Kirkpatrick	Stratford	F	56	1 F 50-59	30:56	6:11/K
40	Jackie Forbeck	Stratford	F	45	5 F 40-49	31:00	6:12/K
41	Tim Dewit	Thamesford	M	38	4 M 30-39	31:04	6:13/K
42	Katrina Dewit	Thamesford	F	37	3 F 30-39	31:05	6:13/K
43	Charlie Peterson	Stratford	M	68	1 M 65-69	31:09	6:14/K
44	Suzanne Peterson	Stratford	F	43	6 F 40-49	31:09	6:14/K
45	Harold Burgin	St. Marys	M	75	2 M 75-79	31:23	6:17/K
46	Steven Howe	Woodstock	M	36	5 M 30-39	31:27	6:17/K
47	Leanne Burgin-Ball	Lakeside	F	46	7 F 40-49	31:35	6:19/K
48	Laurie Tichbourne	London	F	53	2 F 50-59	31:55	6:23/K
49	Mike Thompson	Woodstock	M	19	4 M 0-19	31:56	6:23/K
50	Susan Milton	Princeton	F	56	3 F 50-59	32:14	6:27/K
51	Ioia Debruin		F	42	8 F 40-49	32:18	6:28/K
52	Debbie Garlick	London	F	52	4 F 50-59	32:19	6:28/K
53	Cate McCorquodale	Embro	F	27	6 F 20-29	32:41	6:32/K
54	Barry Arnott	Forest	M	66	2 M 65-69	32:46	6:33/K
55	Darren Bulbrook	Stratford	M	54	7 M 50-59	33:05	6:37/K
56	Ceaver Bulbrook		M	29	4 M 20-29	33:05	6:37/K
57	Karen Lowry	London	F	47	9 F 40-49	34:16	6:51/K
58	Lindsay Bartlett	Beachville	F	22	7 F 20-29	35:32	7:06/K
59	Jason Arnott	Woodstock	M	41	4 M 40-49	35:34	7:07/K
60	Bob Dieleman		M	60	2 M 60-64	35:36	7:07/K
61	Meredith Clarke		F	17	1 F 0-19	35:48	7:10/K
62	Nikki Sloan-Clarke		F	49	10 F 40-49	35:54	7:11/K
63	Alison Wareham		F	31	4 F 30-39	35:54	7:11/K
64	Melissa Heller	Woodstock	F	24	8 F 20-29	35:57	7:11/K

65	Cindy Wright	Woodstock	F	50	5 F 50-59	37:01	7:24/K
66	Leslie Galloway	London	F	42	11 F 40-49	38:15	7:39/K
67	Carol Turvey	Embryo	F	69	1 F 65-69	38:26	7:41/K
68	Rasa Roberts		F	51	6 F 50-59	38:39	7:44/K
69	Angela Arnott		F	37	5 F 30-39	43:09	8:38/K
70	Tammy-Lyn Yungblut		F	38	6 F 30-39	56:40	11:20/K

5K Grade 8 and under

Place	Name	City	Gender	Age	Age Group Place	Time	Pace
1	Nolan Silvester	London	M	10	1 M 0-99	21:48	4:22/K
2	Veronica Silvester	London	F	12	1 F 0-99	23:08	4:38/K
3	Arielle Aitken-Guignard	St. Thomas	F	10	2 F 0-99	23:28	4:42/K
4	Hedzer Bergsma		M	11	2 M 0-99	24:18	4:52/K
5	Cerena Aitken-Guignard	St. Thomas	F	9	3 F 0-99	25:37	5:07/K
6	Josef Sorensen		M	12	3 M 0-99	26:15	5:15/K
7	Mark Barton	Stratford	M	8	4 M 0-99	26:51	5:22/K
8	Andrew McCallum		M	7	5 M 0-99	27:27	5:29/K
9	Caleb Kodde	Granton	M	13	6 M 0-99	28:08	5:38/K
10	William Henry	Waterloo	M	11	7 M 0-99	28:18	5:40/K
11	Alton Douglas	Lakeside	M	10	8 M 0-99	30:37	6:07/K
12	Arthur Douglas	Lakeside	M	8	9 M 0-99	30:37	6:07/K
13	Isaiah Dewit	Thamesford	M	10	10 M 0-99	30:57	6:11/K
14	Kelly Mantel	Princeton	F	9	4 F 0-99	31:02	6:12/K
15	Peggy Mantel	Princeton	F	12	5 F 0-99	32:32	6:30/K
16	Claire Arnott		F	8	6 F 0-99	34:12	6:50/K
17	Elliot Barton	Stratford	M	6	11 M 0-99	35:50	7:10/K
18	Isaac Westlake		M	10	12 M 0-99	38:38	7:44/K
19	Paulina Amolina		F	13	7 F 0-99	39:05	7:49/K
20	Lily Barton	Stratford	F	10	8 F 0-99	41:31	8:18/K